## **CLAIMS**

## What is claimed is:

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- 1. A method of delivery to the pulmonary system comprising:

  administering to the respiratory tract of a patient in need of treatment,

  prophylaxis or diagnosis an effective amount of a dry powder comprising:
  - a) a multivalent metal cation which is complexed with a therapeutic, prophylactic or diagnostic agent;
  - b) a pharmaceutically acceptable carrier; and
  - optionally, a multivalent metal cation-containing component wherein, the total amount of multivalent metal cation present in the dry powder is more than 1 % w/w of the total weight of the agent and wherein release of the agent is sustained.
- 2. The method of Claim 1, wherein the biologically active agent is a protein.
- 3. The method of Claim 2, wherein the protein is insulin.
- The method of Claim 2, wherein the multivalent metal cation is selected from Zn(II), Ca(II), Cu(II), Ni(II), Co(II), Fe(II), Ag(II), Mn(II), Mg(II) or Cd(II).
  - 5. The method of Claim 4, wherein the multivalent metal cation is Zn(II).
  - The method of Claim 2, wherein the multivalent metal cation is present at a ratio of more than about 2% w/w of the total weight of the agent.
- 7. The method of Claim 2, wherein the multivalent metal cation is present at a ratio of more than about 5% w/w of the total weight of the agent.

- 8. The method of Claim 2, wherein complexation of the agent and multivalent metal cation comprises a metal coordination.
- 9. The method of Claim 2 wherein the dry powders have a tap density less than about 0.4 g/cm<sup>3</sup>.
- 5 10. The method of Claim 9, wherein the dry powder have a tap density less than about 0.1 g/cm<sup>3</sup>.
  - The method of Claim 2, wherein the dry powder have a median geometric diameter of from about 5 micrometers and about 30 micrometers.
- The method of Claim 2, wherein the dry powder have an aerodynamic diameter of from about 1 to about 5 microns.
  - 13. The method of Claim 12, wherein the dry powder have an aerodynamic diameter of from about 1 to about 3 microns.
  - 14. The method of Claim 12, wherein the dry powder have an aerodynamic diameter of from about 3 to about 5 microns.
- 15 15. The method of Claim 2, wherein delivery to the pulmonary system includes delivery to the deep lung.
  - 16. The method of Claim 2, wherein delivery to the pulmonary system includes delivery to the central airways.

- 17. The method of Claim 2, wherein delivery to the pulmonary system includes delivery to the upper airways.
- 18. The method of Claim 2, wherein the dry powder further comprise a carboxylic acid.
- The method of Claim 18, wherein the carboxylic acid includes at least two carboxyl groups.
  - 20. The method of Claim 19, wherein the carboxylic acid is citric acid or a salt thereof.
  - 21. The method of Claim 2, wherein the dry powder further comprise an amino acid.
- 10 22. The method of Claim 21, wherein the amino acid is hydrophobic.
  - 23. The method of Claim 22, wherein the hydrophobic amino acid is leucine, isoleucine, alanine, valine, phenylalanine or any combination thereof.
  - 24. The method of Claim 2 wherein the pharmaceutically acceptable carrier is a phospholipid.
- The method of Claim 24 wherein the phospholipid is a phosphatidic acid, a phosphatidylcholine, a phosphatidylalkanolamine, a phosphatidylglycerol, a phosphatidylserine, a phosphatidylinositol or combinations thereof.

A method of delivery to the pulmonary system comprising:

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administering to the respiratory tract of a patient in need of treatment, prophylaxis or diagnosis an effective amount of a dry powder comprising:

- a) a protein which is complexed with zinc;
- b) a pharmaceutically acceptable carrier; and
- c) optionally, a multivalent metal cation-containing component wherein, the total amount of multivalent metal cation present in the dry powder is more than about 2 % w/w of the total weight of the agent, delivery includes the deep lung and release of the agent is sustained.
- The method of Claim 26, wherein the dry powder has a tap density less than about 0.1g/cm<sup>3</sup> and a median geometric diameter of from about 5 micrometers and about 30 micrometers.
  - 28. The method of Claim 26, wherein the pharmaceutically acceptable carrier is a phospholipid.
  - 29. The method of Claim 26 wherein the dry powder further comprises a carboxylic acid.

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A composition for delivery to the palmonary system comprising:

- a) an effective amount of dry powder of a therapeutic, prophylactic or diagnostic agent which are complexed to a multivalent metal cation wherein the agent has a charge which is opposite to that of the cation;
- b) a pharmaceutically acceptable carrier; and
- c) optionally, a multivalent metal cation-containing component wherein, the dry powder have a total amount of multivalent metal cation which is more than 1 % w/w of the total weight of the agent, a tap density of less than about 0.4 g/cm<sup>3</sup>, a median geometric diameter of from about 5 micrometers and

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about 30 micrometers and an aerodynamic diameter of from about 1 to about 5 microns.

- 31. The composition of Claim 30, wherein the biologically active agent is a protein.
- 32. The composition of Claim 31, wherein the protein is insulin.
- 5 33. The composition of Claim 30 wherein the multivalent metal cation is selected from Zn(II), Ca(II), Cu(II), Ni(II), Co(II), Fe(II), Ag(II), Mn(II), Mg(II) or Cd(II).
  - 34. The composition of Claim 33, wherein the multivalent metal cation is Zn(II).
  - 35. The composition of Claim 30, wherein the multivalent metal cation is present at a ratio of more than about 2% w/w of the total weight of the agent.
- The composition of Claim 30, wherein the multivalent metal cation is present at a ratio of more than about 5% w/w of the total weight of the agent.
  - 37. The composition of Claim 30, wherein complexation of the agent and multivalent metal cation comprises a metal coordination.
- The composition of Claim 30, wherein the dry powder have a tap density less than about 0.1 g/cm<sup>3</sup>.
  - 39. The composition of Claim 30, wherein the dry powder have an aerodynamic diameter of from about 1 to about 3 microns.
  - 40. The composition of Claim 30, wherein the dry powder have an aerodynamic diameter of from about 3 to about 5 microns.



- 41. The composition of Claim 30 wherein the dry powder further comprise a carboxylic acid.
- 42. The composition of Claim 41, wherein the carboxylic acid includes at least two carboxyl groups.
- 5 43. The composition of Claim 42, wherein the carboxylic acid is citric acid or a salt thereof.
  - 44. The composition of Claim 30, wherein the dry powder further comprise an amino acid.
  - The composition of Claim 44, wherein the amino acid is hydrophobic.
- The composition of Claim 45, wherein the hydrophobic amino acid is leucine, isoleucine, alanine, valine, phenylalanine or any combination thereof.
  - The composition of Claim 30 wherein the pharmaceutically acceptable carrier is a phospholipid.
- The composition of Claim 47 wherein the phospholipid is a phosphatidic acid, a phosphatidylcholine, a phosphatidylalkanolamine, a phosphatidylethanolamine, a phosphatidylglycerol, a phosphatidylserine, a phosphatidylinositol and combinations thereof.

A composition for delivery to the pulmonary system comprising:

administering to the respiratory tract of a patient in need of treatment, prophylaxis or diagnosis an effective amount of a dry powder comprising:



- a) a protein which is complexed with zinc;
- b) a pharmaceutically acceptable carrier; and
- c) optionally, a multivalent metal cation-containing component wherein, the total amount of multivalent metal cation present in the dry powder is more than about 2 % w/w of the total weight of the agent, delivery includes the deep lung and release of the agent is sustained.
- 50. The method of Claim 49, wherein the dry powder has a tap density less than about 0.1g/cm<sup>3</sup> and a median geometric diameter of from about 5 micrometers and about 30 micrometers.
- 10 51. The method of Claim 49, wherein the pharmaceutically acceptable carrier is a phospholipid.
  - 52. The method of Claim 49 wherein the dry powder further comprises a carboxylic acid.